



Center For  
Family Health, Inc.

# CENTERPIECE

## Opening the Doors to Health Care for All

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National  
Collaborative**

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### Mark your Calendar!

**Give Kids A  
Smile Day  
February 6-7**

**Free dental  
screenings and  
cleanings for kids  
under 16.**



## New OB/Gyn to focus on reducing Infant Mortality in Jackson

The Center for Family Health proudly welcomes Dr. Tazim McElroy to our staff. Dr. McElroy will supervise our Ob/Gyn department.

Dr. McElroy has been seeing patients since mid-August. She provides complete obstetrical and gynecological care.

Dr. McElroy has an impressive career. She earned her Medical Degree from the Indiana University School of Medicine and completed her Residency Training in Obstetrics and Gynecology at the Grand Rapids Medical Education and Research Center in 2001 where she worked primarily at the Blodgett Campus of Spectrum Health Hospitals and at St. Mary's Hospital in Grand Rapids, MI. She also served as Chief Resident. She then moved to Indianapolis and joined a group of Ob/Gyn physicians with whom she worked in private practice.

"I chose the CFH team because they share my passion for providing quality health care and health education to all people regardless of their financial situation," Dr. McElroy shares. "I also believe in the importance of a multi-ethnic work environment like the one at CFH."

"One of my most important professional goals is to empower girls and women by teaching them about their health before, throughout, and after their reproductive years. I am especially interested in vulvar disease, pelvic pain, menopause, and high-risk obstetrics. I would like to become a strong advocate for women's health in the Jackson community."

Dr. McElroy has her work cut out for her. Jackson County's infant mortality rate and the rate of women receiving late and inadequate prenatal care are unacceptably high compared to other cities in Michigan. Jackson leads the State in both the number of teenage mothers and the number of adult and teenage mothers who do not receive adequate prenatal care. In fact, the percent of women in

Jackson who receive late or no prenatal care has increased in the past ten years.

Jackson County has recently created a Fetal Infant Mortality Review (FIMR) Committee. In addition, CFH, along with numerous other community organizations, has formed a work group to decrease infant mortality in Jackson County and improve the rate of appropriate prenatal care in Jackson County. Dr. McElroy will participate with both of



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these groups to help improve Jackson County's infant mortality rate.

In addition, the Jackson Community Foundation has awarded CFH funding to initiate a smoking cessation and intervention program targeting pregnant women, made possible by the Healthy Youth/Healthy Seniors Fund. Smoking during pregnancy accounts for ten percent of all infant deaths.

Dr. McElroy was born in Mauritius, a tropical island to the north-east of Madagascar in the Indian Ocean. When she was young she lived in Newfoundland, Canada before moving to Tell City, Indiana where her father opened a private pediatric practice and her mother was a French and German teacher at the local High School.

Dr. McElroy is married to John, who is the second assistant coach of the Men's Soccer Team at Michigan State University.



## Services

Everyone is welcome.

The Center for Family Health is a non-profit community health center dedicated to meeting the health care needs of the entire family. The Center for Family Health provides services to all people, regardless of their ability to pay.

### CLINICAL SERVICES

**Dentistry**

**Obstetrics & Gynecology**

**Pediatrics**

**Family Practice**

**Internal Medicine**

### SUPPORT SERVICES

**Transportation**

**Translation**

**Infant and Maternal Support**

**Financial Services**

**Medical Offices**  
784-9356  
2200 Springport Road

**Dental Offices**  
784-9385  
817 W. High Street

**Administration and Patient Accounts**  
784-2895  
817 W. High Street

# Center Joins National Chronic Disease Collaborative

A major goal in our country is to eliminate health inequalities or disparities for different minority populations, poor people, and in some cases for women. Disparities lead to differences in deaths from heart disease, cancer, stroke and diabetes, as the four top killers, as well as other illnesses. To eliminate health disparities and improve functional and clinical outcomes, health care organizations must change the way they deliver care. The Health Disparities Collaborative calls for such a change -- a transformation in the delivery of care.

The Center for Family Health, along with dozens of other community health centers across the country, is a part of a national program to change the face of health care to partnership with the community, the patient, their families, and the physician.

CFH is beginning our efforts with diabetes. This particular disease was chosen primarily because the Center currently treats over 800 people with diabetes.

### The Basics about Diabetes

Diabetes is a disease in which the body does not produce or properly use insulin. Insulin is a hormone that is needed to convert sugar, starches and other food into energy needed for daily life.

The cause of diabetes continues to be a mystery, although both genetics and environmental factors such as obesity and lack of exercise appear to play roles.

Approximately 17 million people in the United States, or 6.2% of the population, have diabetes. While an estimated 11.1 million have been diagnosed, unfortunately, 5.9 million people (or one-third) are unaware that they have the disease.

### Diabetes Symptoms

Often diabetes goes undiagnosed because many of its symptoms seem so harmless. Recent studies indicate the early detection of diabetes symptoms and treatment can decrease the chance of developing the complications of diabetes.

Some of the symptoms of diabetes include:

- Frequent urination
- Excessive thirst
- Extreme hunger
- Unusual weight loss
- Increased fatigue
- Irritability
- Blurry vision

If you feel you may have diabetes, make an appointment with your physician to be tested as soon as possible.

The Collaborative was designed to find a way to help health centers treat their patients with chronic diseases in a more effective manner. It is our goal to assist our diabetic patients in knowing how to take a greater interest in, while gaining knowledge of how to care for, their disease. Patient education is key in the collaborative and we are going to be initiating many avenues to help educate and train our patients and their families in how to care for their disease. Nationally, the teams that work on the Collaborative share ideas as well as problems via the internet.

We are constantly trying to come up with the most reliable, efficient, cost effective way to help our patients understand and manage their disease.

Other chronic diseases that CFH will address in the future include depression, asthma and cardiovascular disease.

## Patients Appreciate New Aquariums

Thanks to some very generous members of our community, our patients now have beautiful aquariums to enjoy in our reception areas in our Dental Clinic and our Medical Facility. Medical and dental appointments can make some people nervous. Aquariums are soothing and relaxing for both children and adults. Pet Supplies Plus, on W. Michigan Ave., donated all of the supplies--tanks, stands,

filters, gravel--everything we needed to get started. Then, several area businesses-- Bouma Interiors, McEldowny Business Machines, Amb's Message Services and Schley Architects - chipped in to ensure the tanks stay clean and well stocked.

Our deepest appreciation to everyone who made these tanks possible.

## Open House

On August 8th, we opened our doors to the community to celebrate our 1st Anniversary at our Springport Road medical facility. We were so pleased and grateful that more than 175 community leaders, concerned citizens, patients and their families shared their afternoon with us.

Most visitors took the opportunity to tour the facility and we took the opportunity to show off our innovative and progressive services. Area restaurants donated delicious hors d'oeuvres (see Special Thanks to Special People, this page).

We heard so many positive comments about our facility and the services we provide. Many people had no idea of the number of people we serve or the many, many programs we provide.



**Molly Kaser, CFH Executive Director, welcomes Ruben Marquez (left) and State Senator Mark Shauer (right) to our Springport Road facility.**

## Medication Assistance Program

In an effort to better serve the community and utilize limited funding more efficiently, several community organizations have joined to form the Community Medication Assistance Program (CMAP). This program provides:

- Expanded medication assistance for Jackson County residents
- Same day services
- Full time pharmacy technician that can answer questions and can monitor and track prescription medication

This program has been created to assist eligible Jackson County residents who cannot afford their medication.

CMAP locations are in the CFH Springport Medical office lobby and at Foote Hospital Health Center lobby. If you would like more information, call (517) 841-7958.

The Community Medication Assistance Program is a combined effort of Catholic Charities, Center for Family Health, Disability Connections, Foote Hospital and United Way.

## Special Thanks to Special People

### General Donations:

Pamela Alexander  
Donna Brown, DO  
Georgia and Travis Fojtasek  
Ted Hilleary  
Christine and Roger Jackson  
Terrance Keys  
Dr. Gerald Maas  
Rotary Foundation of Jackson

### Aquarium donations:

Pet Supplies Plus  
Ambs Message Service  
Northwest Denture Service  
McEldowney Machines  
Bouma Interiors  
Schley Architects  
Stampco  
Impact Solutions

### Open House

Cascades Manor House  
Dawn Foods  
Daryl's  
Gene Davis Catering  
Karen Dunigan  
Linda English  
Felpausch  
Steven Hogwood  
McDonald's  
Olive Garden  
Subway

## Rotary comes to the rescue

The Rotary Club of Jackson came to the Dental Clinic's rescue earlier this year. A dental chair, a 26-year-old antique that was an original piece of equipment from the Jackson Area Dental Clinic, was in desperate need of repair and should be "retired." However, CFH simply didn't have the funds to replace the chair. Dr. Grover approached the Rotary Foundation of Jackson, who generously agreed to donate the necessary \$4,500 to fund a brand new dental chair!

Our sincere and heart felt thanks to the Rotary Club and Foundation of Jackson!!

### We Need Your Help

We make it possible for everyone to see a doctor when ill, to get regular check-ups and preventive screenings. We turn no one away based on their ability to pay. Everyone is welcome.

We depend on the generosity of people like you to continue to serve our patients.

Your donation makes it possible for us to continue to open the door to health care for everyone.

**Please** consider making a contribution today.

Please cut out this form and mail it with your gift to Center for Family Health, Inc., 817 W. High Street, Jackson MI 49203

### My gift of \$\_\_\_ is enclosed

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Please send me more information about:

\_\_\_\_\_

Yes, my company has a matching gift program. Please contact:

\_\_\_\_\_

*Thank you! Your gift is tax deductible and will serve Jackson County families.*

## Staff

Molly Kaser, Executive Director  
Sara Benedetto Operations Director  
Mary Siders, Finance Director  
Mark Lay, MD, MS Medical Director  
Jane Grover, DDS, MPH Dental Director  
Mohammad Ghali, MD, MPH  
Elliot Hardy, DDS  
Rose Johnson, MD  
Tazim McElroy, MD  
Sarah Malinda, DDS  
Miraflor Reyes, MD  
Shahzad Shaikh, MD  
Naveed Siddiqi, MD  
Haitham Talo, MD  
Colleen Chadderton, CPNP  
Kathleen Dyer, WHNP  
Suzanne Kirk, FNP  
Erin Mazur, FNP

And over 100 dedicated professionals, including:

- Nurses & medical assistants
- Hygienists & dental assistants
- case managers, dieticians, social workers and outreach staff
- Medical records clerks
- Registration & scheduling clerks
- Patient account representatives
- Financial services advocates
- Information technologists & Data analyst

# Ted Hilleary— Community Spotlight



Ted Hilleary has served on the CFH board for the past 3 years.

Ted has worked for Consumers Energy for 43 years and currently supervises an information technology group. He has always believed each of us has a civic commitment to improving our community. He has a passion for

fitness and improving the health of our community.

“Serving on the CFH board allows me to help meet the more critical health needs of a large number of our needful citizens. I am a root-causer liberal that believes government and local efforts are obligated to help those among us for whom life is not always kind and accommodating.”

“My personal satisfaction is 'being involved' rather than carping from the sidelines. I think the

safety net of comprehensive quality medical services provided by CFH is becoming widely relied upon, recognized and 'institutionalized' as are the American Cancer Society and the American Heart Association in Jackson. My personal hopes for CFH is to continually and effectively expand the outreach of the CFH safety net to more of our needful citizens, to grow CFH to meet the ever expanding health needs of our community. I would like to see more collaborations, perhaps on obesity, which is an epidemic in our country and community.”

Ted and his wife, Janet, have been married for 40 yrs and have 3 children, two grandchildren and are expecting twin granddaughters in January.

To improve and enhance the health status of all members of our community by providing access to quality health care services and education.

## Our Mission

Administration  
817 W. High Street  
Jackson, MI 49203  
Dental  
817 W. High St.  
Medical  
2200 Springport Rd.



Non profit  
POSTAGE PAID  
Permit No. 332  
Jackson, MI